

# Massage Therapy

## CERTIFICATE OF ACHIEVEMENT PROGRAM

### About This Program

Massage therapists bring positive well-being to clients via therapeutic and remedial treatments. They also administer other kinds of body conditioning. Carrington's Massage Therapy program covers massage therapy principles and techniques, including Swedish massage, sports massage and deep tissue applications, and prepares students for entry-level employment as massage therapists and/or to enter private practice. The Massage Therapy Program at all locations prepares students for the Massage & Bodywork Licensing Examination (MBLEx)\*. The program culminates in a Certificate of Achievement.

Important information about the educational debt, earnings and completion rate of students who attended this program can be found at [carrington.edu/cc/mt](http://carrington.edu/cc/mt).

Program availability varies by location. Carrington College reserves the right to update information as it becomes available. For the most updated information, visit [carrington.edu](http://carrington.edu).

\*Carrington College prepares students to take appropriate certification and licensure exams related to their individual majors. The College does not guarantee students will successfully pass these exams or be certified or licensed as a result of completing the program. Credential preparation varies by location.

### General Education Coursework

Students in Carrington College's certificate programs complete technical coursework and participate in an online career development seminar course.\*\*

\*\*Campus based, Portland only

### Technical Coursework

Technical coursework in Carrington College's Massage Therapy program covers anatomy and physiology, terminology, function and structure of the body's muscular, skeletal and internal systems, and ethical, legal and business concerns. The final portion of the program is an externship.

Total coursework (credit hours)	35
Program Length	36 weeks (not including breaks)

Carrington's academic catalog, available at [carrington.edu/carrington-college/catalog](http://carrington.edu/carrington-college/catalog), provides the most current and detailed program information, including admission and graduation requirements.

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### Careers in Massage Therapy\*

Massage therapists work in an array of settings such as spas, franchised clinics, physicians' offices, hotels and fitness centers. Some massage therapists also travel to clients' homes or offices to give a massage, while others work out of their own homes. Wherever the treatment is delivered, clients view the massage experience as a positive contribution to their overall health.

\* Individuals seeking to enter this career field may be subject to screenings such as, but not limited to, criminal background checks and drug/alcohol testing prior to externship, to attain occupational licensure/certification or employment, and throughout their careers. CPR certification is required for licensure/certification.

### Knowledge and Skills

Upon completion of the Massage Therapy program, graduates will be able to:

- Perform massage procedures competently and safely in a professional environment
- Demonstrate the ability to apply critical thinking, work collaboratively, communicate clearly and act professionally

### Accreditation and Program Availability

Carrington College is accredited by the Accrediting Commission for Community and Junior Colleges, Western Association of Schools and Colleges (ACCJC/WASC), 10 Commercial Blvd., Suite 204, Novato, CA 94949, 415 506 0234, an institutional accrediting body recognized by the Council for Higher Education Accreditation and the US Department of Education. Additional information about accreditation, including the filing of complaints against member institutions, can be found at [accjc.org](http://accjc.org).

The Massage Therapy certificate program at the Spokane campus is approved by the Washington State Department of Health, River View Corporate Center, Suite 1500, 16201 E. Indiana Avenue, Spokane Valley, WA 99216. The Department's web address is: [www.doh.wa.gov](http://www.doh.wa.gov).

Carrington College, registration number 043, is authorized to provide massage therapy instruction with the State of New Mexico Massage Therapy Board under the registration category RMTS.

For comprehensive information on Carrington's accreditation, licenses and approvals, visit [carrington.edu/accreditation](http://carrington.edu/accreditation).

The Massage Therapy program is offered to new students at:

ALBUQUERQUE, NM	SPOKANE, WA
BOISE, ID	STOCKTON, CA
PORTLAND, OR	TUCSON, AZ