

CERTIFICATE

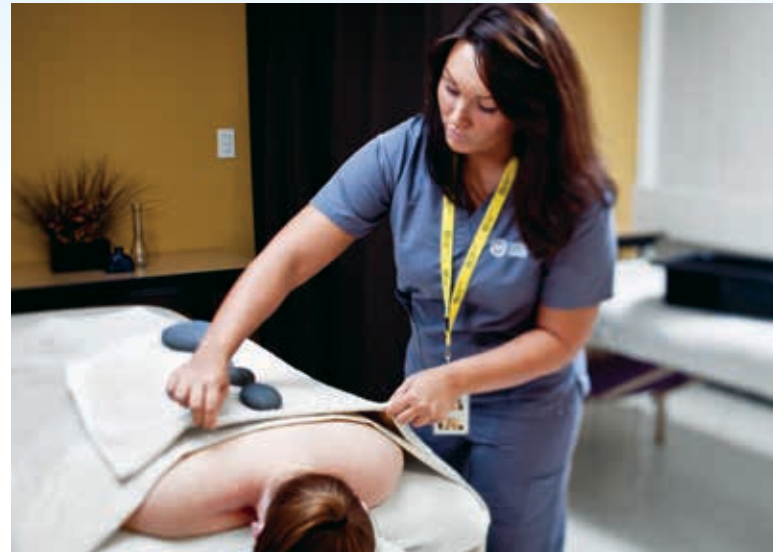
MASSAGE THERAPY

Get In Touch With Your Future.

Whether it's for preventative or therapeutic reasons – or just to help unwind – few jobs offer more satisfaction to clients than massage therapy. Massage therapists work in a variety of places, including chiropractic and physical therapy offices, health clubs, resorts, retail centers, country clubs and more. Some are self-employed, with their own clients. There are many employment options as a massage therapist.

The Carrington College® California Massage Therapy program covers massage therapy principles and techniques, including Swedish Massage, sports massage and deep tissue applications. Plus, it includes site-specific treatments like shiatsu and chair massage. We also cover anatomy and physiology, terminology, function and structure of the body's muscular, skeletal and internal systems, as well as the ethical, legal and business concerns. The program culminates in a Certificate of Achievement.

*According to the U.S. Bureau of Labor Statistics, employment of massage therapists is expected to increase 23% from 2012-2022.***



Duties May Include:

- Addressing client problem areas
- Provide patient with Swedish Massage
- Sports massage
- Deep tissue application
- Shiatsu
- Chair massage
- Dry-room spa techniques

Possible Employment Opportunities:

- Massage offices and private practice
- Chiropractic and physical therapy offices
- Nursing facilities
- Outpatient clinics
- Health clubs
- Fitness centers
- Sports team facilities
- Resorts
- Spas

For comprehensive consumer information visit carrington.edu/ccc/mt

*Program availability varies by location. Carrington College California reserves the right to update information as it becomes available. Information is current at the time of printing. For the most updated information, visit carrington.edu.

**Bureau of Labor Statistics, U.S. Department of Labor, Occupational Outlook Handbook (2014-15 Ed.)



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CERTIFICATE/ASSOCIATE DEGREE - MASSAGE THERAPY

Student Learning Outcomes

Upon completion of the Massage Therapy program, graduates will be able to:

- Perform massage procedures competently and safely in a professional environment.
- Demonstrate proficiency in critical thinking, information management, personal and professional development, communication skills, respect and responsibility.

Massage techniques and benefits, anatomy, physiology and pathology of the human body, and the art of massage are included in each application or lab course of this program. Training in CPR is provided as required by location.

PROGRAM REQUIREMENTS – Pleasant Hill, Pomona, Sacramento, San Jose, San Leandro, Stockton

Massage Therapy Courses		Clock Hours	Semester Credit Hours
MT 1	Massage Therapy Theory 1	54	3.5
MT 101	Massage Applications and Lab 1	54	2.5
MT 2	Massage Therapy Theory 2	54	3.5
MT 102	Massage Applications and Lab 2	54	2.5
MT 3	Massage Therapy Theory 3	54	3.5
MT 103	Massage Applications and Lab 3	54	2.5
MT 4	Massage Therapy Theory 4	54	3.5
MT 104	Massage Applications and Lab 4	54	2.5
MT 5	Massage Therapy Theory 5	54	3.5
MT 105	Massage Applications and Lab 5	54	2.5
CDV 198	Career Development Seminar+	30	2
MT 502	Externship	90	2
Total for Certificate		660	34++

+Applied general education course ++660 Clock Hours

Approximate time to complete the certificate program: 34 weeks (not including breaks)