

CERTIFICATE*

MASSAGE THERAPY

Get in touch with your future.

Whether it's for preventative or therapeutic reasons – or just to help unwind – few jobs offer more satisfaction to clients than massage therapy. They work in a variety of places, including physical therapy offices, health clubs, resorts, retail centers, country clubs and more. Some are self-employed, with their own clients. The options are many.

Our Massage Therapy program covers massage therapy principles and techniques, including Swedish massage, sports massage and deep tissue applications. We also cover anatomy and physiology, terminology, function and structure of the body's muscular, skeletal and internal systems, as well as, ethical, legal and business concerns. At Carrington College® we help you prepare to take the national certification examination.† The program culminates in a Certificate of Achievement.

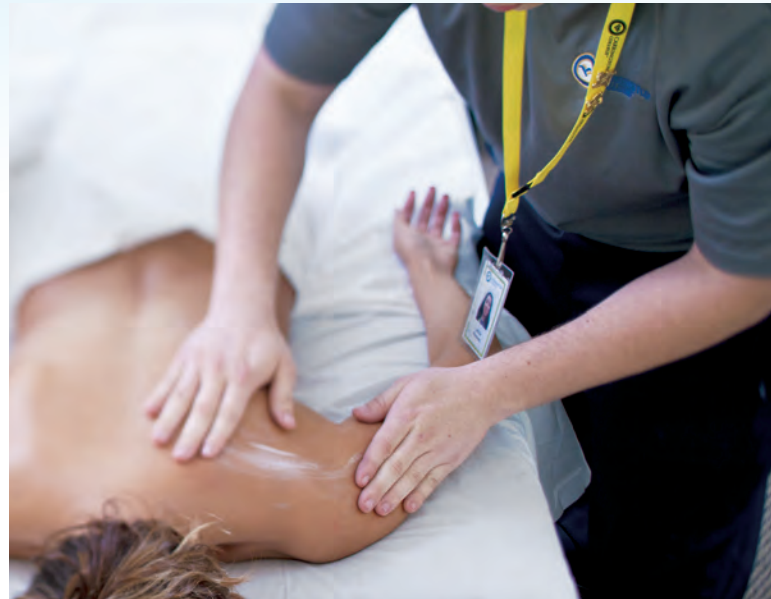
According to the U.S. Bureau of Labor Statistics, employment of massage therapists is expected to increase 23% from 2012-2022.‡

For comprehensive consumer information visit carrington.edu/cc/mt

* Program availability varies by location. Carrington College reserves the right to update information as it becomes available. Information is current at the time of printing. For the most updated information, visit carrington.edu.

† Carrington College prepares students to take appropriate certification and licensure exams related to their individual majors. The College does not guarantee students will successfully pass these exams or be certified or licensed as a result of completing the program. Students should note that in some states they will be required to pass a drug test and background check in order to apply for licensure.

‡ Bureau of Labor Statistics, U.S. Department of Labor, Occupational Outlook Handbook (2014-15 Ed.)



Duties May Include:

- Address client problem areas
- Provide patient with Swedish massage
- Sports massage
- Deep tissue application
- Shiatsu
- Chair massage
- Dry-room spa

Possible Employment Opportunities:

- Massage offices and private practice
- Chiropractic and physical therapy offices
- Nursing facilities
- Outpatient clinics
- Health clubs
- Fitness centers
- Sports team facilities
- Resorts
- Spas



**CARRINGTON
COLLEGE®**

**877-623-1442
CARRINGTON.EDU**

CERTIFICATE - MASSAGE THERAPY

Student Learning Outcomes

Upon completion of the Massage Therapy program, graduates will be able to:

- Perform massage procedures competently and safely in a professional environment.
- Demonstrate proficiency in critical thinking and information management.

PROGRAM REQUIREMENTS - Spokane

Massage Therapy Courses		Lecture Hours	Lab Hours	Clinical Hours	Semester Credit Hours
MTC 111	Therapist Self Care, Swedish Massage and the Skeletal System	50	52	0	4.5
MTC 112	Special Populations, Hydro and Chair Therapies and the Muscular System	50	52	0	4.5
MTC 113	Eastern Therapies, Spa Massage and Body Systems	50	52	0	4.5
MTC 114	Special Therapies, Deep Tissue and Athletic Massage	50	52	0	4.5
MTC 115	Business Ethics and Clinical Massage	50	52	0	4.5
CDV 198.2	Career Development Seminar	30	0	0	2
XTP 200	Externship	0	0	180	4
Total for Certificate		280	260	180	28.5*

**Total clock hours: 720*

This program is offered in a six-week format.

Approximate time to complete certificate program: 36 weeks